

dare to be YOU
make your mark



CYC

Community Youth Council
Dare to be Youth Charity

Youth Inspire
COMMUNITY
Day

Impact Report

November 18, 2021

Registered Canadian Charitable
Organization Number:
#816162242RR0001



Stats At A Glance

#ByTheNumbers

We were blown away by the amazing response from the community and the engagement by students across Canada!

281

attendees at the event

500

students received an Inspire Box, which included money-saving & accounting tips.

48

high schools represented by attendees

2000+

positive comments & feedback during & post-event

82%

participation rate by registrants

10

amazing youth facilitators

30+

non-profits & youth clubs engaged in the experience

19

sponsors who made the event happen

12

community leaders who provided messages of inspiration

Our Lineup Of Speakers

#Inspiring

We were thrilled to have an amazing and inspiring lineup of speakers for the event. Each provided a unique take on how they found their "inner Olympian" and overcame adversity in their lives.



CZN

The WINNERS of Canadian Families Got Talent and The Jim Beam National Talent Search, CZN is a singing group consisting of CJ Capital, Seth Zosky, and Matthew Novary Joseph. CJ is from Ottawa, Seth is from Toronto and Matthew is from Hamilton. CZN has also performed on America's Got Talent!

Brought to you by:

FIRST UP
WITH
RBC MUSIC



Miranda Ayim

Miranda is a three-time Olympian (London 2012, Rio 2016, Tokyo 2020) in basketball and was given the honour of serving as Team Canada's Opening Ceremony flag bearer at the Tokyo Games this summer, alongside rugby player Nathan Hirayama. She is a London, ON native and graduated from Pepperdine University (California) in 2010 with a degree in Public Relations and Psychology.

Brought to you by:



Geoff Conant

Geoff has been a passionate and dedicated leader for over 20 proud years and has never been more energized than he is now. Geoff manages over 1000 Full-Time employees, and regularly negotiates eight figure contracts. Geoff is dedicated to making things better in the communities in which he works, rests and plays, and actively seeks opportunities to give back



Emily O'Brien

Battling back from addiction and a Federal sentence for drug smuggling to building a successful social enterprise (Comeback Snacks) has taught me lessons about resilience, determination, forgiveness and how to take a bad situation and turn it into endless positive opportunities.



Josh Hidalgo (Pre-Event Speaker)

Josh is a university student and Co-Founder of MyTopChoice, a platform dedicated to empowering students to choose their undergraduate program. MyTopChoice provides students with permanent and reliable resources to help you choose the university that fits your needs.

What Participants Are Saying

#YouthVoices

I don't usually like participating in events about inspiration as they seem repetitive, but DTBY was so valuable that even my parents started watching with me 1/2 way. The passion the speakers had about their messages was phenomenal, and I feel safe knowing that I'm not the only one who feels empty at times. – **Irma**

Youth Inspire Community Day had a big impact on how I think when overcoming obstacles. Before, I thought that it's better to leave things alone rather than to overcome difficulties. Now, I know that it's worth it to keep pushing through setbacks because it can get you to a better place than before. – **Zyva**

Youth Inspire Community Day enhanced my self confidence and determination towards my goals in life! – **Hadil**

The impacts of Youth Inspire Community Day are astounding. I don't think many people realize how reassuring it can be to have people talk about their struggles and how they overcame them. I didn't know how helpful this event would be until I joined. I was immediately engaged by all the excited vibes and energy I could feel from the speakers! My heart goes out to everyone who participated and made the event happen, they are all truly wonderful people. This event impacted me in such a positive way that I'll be thinking about this for the rest of tonight, tomorrow, and I'll take it with me for the rest of time. I believe I am a more resilient person and I will try to apply these lessons to my life starting RIGHT NOW. – **Zara**

I feel inspired to get more involved, and less anxious about choosing a path for the future, with the wisdom that it's not set in stone. Many of the things talked about are not new concepts, but most of us don't really understand them (even though we think we do). Sometimes you need to hear it from someone who has been there and done that, and made it out glowing; listen to real people give real examples of how sayings like "do what you love and the money will follow" actually manifest in people's lives. – **Paulina**

There are just those moments when you heard something and is suddenly inspired and everything makes sense! This is what you get out of DTBY! – **Tongyan**

Youth Inspire Community Day has inspired me to take leadership and help out my community members. I may be too young to start a business now, but I can slowly grow my resilience and motivation so that I can accomplish these larger goals in the near future. – **Sam**

Sponsors and Community Leaders

#CommunityBuilders

Thank you to our amazing sponsors for their support. Without them, this event could not have happened.

- BarterPay It Forward Foundation
- Black Robot
- CHML Children's Fund
- City of Burlington
- Carolyn Hidalgo
- Cogeco
- Halton Learning Foundation
- Howspace
- Joe Apps Technology Support
- Karl Wulf Real Estate
- Kite
- Nordeau
- Pacific Paving
- PV&V Insurance
- RBCRioCan
- SB Partners
- Streaming Inc.
- Tata Products (Tetley)

Community leaders provided messages of inspiration, empowerment, and support for attendees including:

- Adam vanKoeverden - MP (Milton)
- Colin Best - Councillor (Milton)
- Gord Krantz - Mayor (Milton)
- Karina Gould - MP (Burlington)
- Kristia Tessor - Councillor (Milton)
- Lisa Lisson - Community Leader
- Marianne Mead Ward - Mayor (Burlington)
- Mike Cluett - Councillor (Milton)
- Pam Damoff - MP (Oakville North Burlington)
- Sameera Ali - Councillor (Milton)
- Walk Off the Earth

Support from the Prime Minister:



PRIME MINISTER • PREMIER MINISTRE

Statement from the Prime Minister of Canada

It is with great pleasure that I extend my warmest greetings to everyone attending Youth Inspire Community Day, hosted by Dare to Be You (DTBY).

DTBY is a grassroots for-purpose organization that empowers young adults ages 14-24 in Halton and Hamilton to unlock their potential. Driven by mentorship and leadership initiatives, DTBY is dedicated to supporting young adults and empowering personal growth and self-discovery to create a community of future leaders that inspire change.

Today's virtual event, Youth Inspire Community Day, geared towards grade 9 to grade 12 students, seeks to promote personal development in youth and features inspiring event and guest speakers making their mark and driving community change.

I would like to take this opportunity to thank DTBY for their important work during the pandemic and for their remarkable work of supporting leadership development, opportunities and initiatives that empower and inspire transformation and resilience in our students. Indeed, DTBY is a shining example of how, together, we can support and inspire young adults to become empowered for positive change and set them up for success as our next generation of leaders.

The pandemic has made planning and hosting events such as this one especially difficult, and I would like to thank the dedicated organizers and volunteers at DTBY for making this event possible.

Wishing everyone attending a wonderful and epic virtual event!

Ottawa
2021



The Team Behind The Event (Part 1)

#Teamwork

Our incredible CYC, hosts of the event

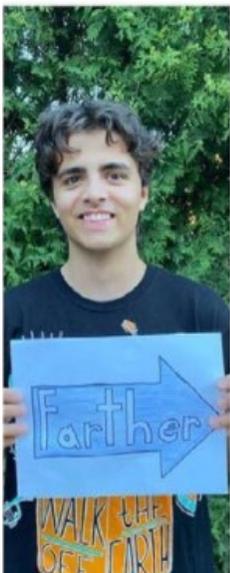
These dedicated leaders were the hosts of the evening. Our Community Youth Council (CYC). CYC Embraces the movement of Purpose, Authenticity, and most importantly, Peer Mentorship. They chose “Resilience and Strength” as the theme for the event. How fitting!



CYC

Community Youth Council

Dare to be Youth Charity



The Team Behind The Event (Part 2)

#Teamwork

Excerpts of the opening remarks of Shannon Tobin, CEO of DTBY

20 months ago, we at DTBY made an intentional decision to turn a challenging time into a time for opportunity. And it started with us partnering with Burlington's very own Walk Off The Earth to pay special tribute to the Class of 2020 Grads.

And then the launch of our Spotlight Project; which was to shine a light on our Halton Grads; a platform for them to share their stories of Resilience, Courage and Strength. And those stories were then turned into a commemorative book which many of the attendees received in their Inspire Box.

The Spotlight Project was the first step on the pathway to the programs DTBY is offering our high school students and grads.

In January of this year, we launched our From Surviving to Thriving quarterly program dedicated to supporting 17-24 yr olds in helping them develop mental wellness, resilience and confidence as they prepare to close one season of their life out for the next.

Little did we know that was going to be the beginning of a movement that our community of young leaders were going to start! A movement dedicated to building, empowering, and inspiring one another.



Excerpt from the closing address from Drew Simon, Director of Development of DTBY

I hope that you each got something valuable from tonight that you will be able to take forward and use to be the best you can be, as an individual, leader, and community member. One thing that I encourage everyone to do is to take some time to reflect on this experience and decide how you want to take what you learned and put it into action. When I was a University Student, I ran a series of volunteer trips and experiences, and we used to always discuss the idea of “What,” “So what,” “Now what,”. “What”, was the experience, in this case Youth Inspire Community Day. “So what”, was why is it important, what did I gain from this, what was my “ah hah” moment. So, in this case, why was Youth Inspire Community Day meaningful to you? And the “Now what”, was, how do I take that, and turn it into something actionable moving forward.

So please take a moment to reflect on the “So what,” and “now what,”, engage in some of the reflection activities, and watch the videos from our community leaders. Also, please make sure to complete our post-event survey on the Activities page. These are all important tools to help you get the most out of the experience, and to ensure you can get your volunteer hours as well for your participation tonight, so please make sure to complete all those. Also, if you complete the post-event survey, you will be entered into a draw for a \$50 gift card for Burlington Centre Mall.

To wrap things up, I wanted to again thank you for making this event into something truly special, and to thank our CYC, the DTBY staff and Board, and all our amazing sponsors and community supporters for making this event a reality. Thank you.

The Power of DTBY

#SlamPoetry

By Rachel Shadid, CYC Member

It's okay to not be okay, but it's not okay to stay that way forever. You can't change the world overnight, but we are weaker alone than we are together.

Youth my age are so caught up in the "what's going wrong" listening to disturbing songs, watching the world NOT GET ALONG.

Witnessing fights in the street, not feeling safe with the people they meet, it's like an endless cycle of destruction... repeat. Because yes, youth have anxiety, in this corrupted society, made up of likes, follows and visual diaries. It doesn't matter how you feel, rather it's if you appeal. You're not asked if you're depressed, but only rated on "best dressed." You feel deprived because you're not given the tools to thrive "oh how can this world just expect me to survive?"

So how can we take action, in a world of unpredictation? In a world that seems so far away from what we want to call a "better today"

My answer to this question would have to start with ME, then moving forward to WE, following the COMMUNITY. Organizations like Dare to Be You, give us a clue on what we are MEANT to do. Encouraging youth to be proud of who they are on the surface, and then diving down deep to inspire purpose. Using workshops to help answer the question of what do you need, in order to succeed, in this world that seems to often mislead. Are you doing okay? How was your day? Remember you're allowed to set boundaries and say no way. I appreciate you. I appreciate you. Don't worry, I will help you during those times you feel blue. This is the support that the Dare To Be Youth Charity Program brings. It lifts us up and gives us wings. Wings to fly, up in the sky,



screaming out a voice of a better world for you and I. Together we can thrive, instead of survive, we CAN become a part of something that makes us feel alive.

I had a dream last night that inspired this write, and I felt that this poem was the best way to recite. My dream was of the mentees and mentors of today, paving a way for those who are not okay. Standing together, no matter the weather, rain or shine, that's fine, our bridge will carry those who seek it, on an upward incline.

The Dare to be youth Charity is why I am standing here tonight, why I'm alright and why I am fighting this fight.

It is okay to be unsure of what you want, how you're feeling or who you want to be. But Dare to Be you can help, so sign up, It's free!!

PURPOSE is our fuel and I think It's a pretty cool tool. A tool to help fix our breaks but inspire mistakes. Because mistakes, as you know, are how we grow, how we get into a flow, and eventually glow.

Tonight you heard my voice, speak about how I made a choice to not only succeed but to thoroughly rejoice.

This poem was for all of you who may not be doing okay, but just know in your heart it won't be forever this way.

Because trust me, YOU are exactly who you are meant to be, that I guarantee will soon find inner peace.

Hopefully you felt inspired by these words that came from me, and maybe even inspired enough to join my family: the Dare to Be youth Charity

Thank You!



dtby.ca